

# FREE Community Health Care Talk



**Tuesday,  
November 8th  
at 7:00 PM**

## **Christmas Cookies Hormonal Balance & Diabetes**

Our blood sugar, emotions, body functions, and relationships are all very much interlocked. In this dynamic and very timely free health care talk, Dr. Rogers will show us how to properly prepare for the coming holiday season to maximize our health and happiness.

**Presented by:**

**Dr. Will Rogers, D.C.,  
Board Certified Functional Neurologist**



**The Cypress Library is located at:  
5331 Orange Avenue, Cypress, CA 90630**



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